



CANADIAN TAI CHI ACADEMY

SOUTH NOVA BRANCH

TAI CHI WORKSHOP: OCTOBER 19, 2019

Saturday: 9:30 am – 8:00 pm
9:30 – Registration for Instructors Forum
10:00 - noon – Instructors Forum (everyone welcome)
12:30 – Registration for workshop
1:00 – 5:00 – Tai Chi Workshop
5:00 – 6:00 – potluck dinner –everyone welcome
6:00 – 8:00 – Lok Hup

Location: Mahone Bay Centre, 45 School Street, Mahone Bay

Fees: Instructors Forum – free
Tai Chi Workshop - \$15.00
Lok Hup Instruction - \$10.00

Notes:

- 1) Billeting Available: email: collenedahlby@me.com/tel:902-764-2160.
- 2) For more information or to register:
southnova@canadiantaichiacademy.org/telephone: 902-764-2160.