

Lansdowne Tai Chi Workshop

Additional Information

Saturday March 9, 2019, 9:00 am - 5:00 pm
1 Jessie Street, Lansdowne, Ontario

Workshop Leader: Darren Pryke

- 9:00 - 9:15: Registration
- 9:15 - 12:15: Morning Workshop
- 12:15 - 1:15: Lunch
- 1:15 - 4:45: Afternoon Workshop
- 4:45 - 5:00: Wrap-up

- There will be morning and afternoon breaks with snacks, tea, coffee and juice. Please bring your own water bottle to refill.
- Lunch will be potluck.
- Directions: Lansdowne is exit 659 off Highway 401. Follow signs for Reynolds Road N/County Road 3 N/Lansdowne. Turn left onto County Road 34/King Street. Turn right onto Garden St. Arrive at 1 Jessie Street (Lansdowne Library and Community Hall).



Pre-Registration is preferred.

To register in advance, contact Dorothy
Email: LansdowneTaiChi@gmail.com